Critical appraisal of non-randomized studies of interventions: ROBINS-I tool

A summary of

Sterne JAC, Hernán MA, Reeves BC, Savović J, Berkman ND, Viswanathan M, Henry D, Altman DG, Ansari MT, Boutron I, Carpenter JR, Chan AW, Churchill R, Deeks JJ, Hróbjartsson A, Kirkham J, Jüni P, Loke YK, Pigott TD, Ramsay CR, Regidor D, Rothstein HR, Sandhu L, Santaguida PL, Schünemann HJ, Shea B, Shrier I, Tugwell P, Turner L, Valentine JC, Waddington H, Waters E, Wells GA, Whiting PF, Higgins JPT. ROBINS-I: a tool for assessing risk of bias in non-randomized studies of interventions. BMJ 2016; 355; i4919.

How to cite this NCCMT summary:

National Collaborating Centre for Methods and Tools (2017). *Critical appraisal of non-randomized studies of interventions: ROBINS-I tool*. Hamilton, ON: McMaster University. (Updated 01 September, 2017) Retrieved from http://www.nccmt.ca/resources/search/281.

Categories: Tool, Appraise **Tool** Date posted: April 17, 2017 Date updated: September 1, 2017

Relevance For Public Health

The ROBINS-I tool can be applied to any public health research question that examines the intervention effect of a public health intervention. This includes a number of observational study designs such as cohort studies, quasi-randomized trials and other concurrently controlled studies, as well as case-control studies, cross-sectional studies, interrupted time series and controlled before-after studies.

Description

The ROBINS-I tool and manual ($\underline{\mathbf{R}}$ isk $\underline{\mathbf{O}}$ f $\underline{\mathbf{B}}$ ias $\underline{\mathbf{I}}$ n $\underline{\mathbf{N}}$ on-randomized $\underline{\mathbf{S}}$ tudies - of $\underline{\mathbf{I}}$ nterventions) can be used to evaluate the risk of bias in non-randomized studies of interventions (NRSI) that compare the health effects of two or more interventions.

The ROBINS-I tool is an update to the previous ACROBAT-NRSI (A Cochrane Risk of Bias Assessment Tool for Non-Randomized Studies of Interventions). The tool is based on the Cochrane "risk of bias" (RoB) tool for randomized trials, and also builds on related tools such as QUADAS-2 (Quality Assessment of Diagnostic Accuracy Studies).

The ROBINS-I is a tool to rate risk of biases in a non-randomized study of interventions. It outlines seven domains where biases might occur. The first two domains of bias occur in the "pre-intervention" phase, one domain of bias occurs in the "at intervention" phase and four domains of bias occur in the "post-intervention" phase. The specific bias domains are as follows:

Pre-Intervention

- Bias due to confounding
- Bias in selection of participants into the study

At Intervention

Bias in classification of interventions

Post-Intervention

- Bias due to deviations from intended interventions
- Bias due to missing data
- Bias in measurement of outcomes
- Bias in selection of the reported result

The tool also offers a number of explanations for ratings, terms, definitions and theory.



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Implementing the Tool

Who is Involved?

Anyone who reads public health research.

Steps for Using Tool

The users begin by outlining signalling questions, explanations and response options for each domain of bias. The typical response options are listed below, with notable exceptions outlined in the manual:

- Yes
- Probably yes
- Probably no
- No
- No information

Then, users judge each domain to determine if it falls within a risk of bias category, including:

- Low risk of bias
- Moderate risk of bias
- Serious risk of bias
- Critical risk of bias

The tool then provides an approach to map the RoB judgements within domains to a single RoB judgement across domains for an outcome. In addition, the tool provides a framework for reaching an overall RoB judgement across multiple outcomes in a study.

Therefore, the overall use of ROBINS-I includes:

- RoB judgements for signalling questions
- RoB judgements within domains
- RoB judgements across domains for one outcome
- RoB judgements across domains for more than one outcome

Conditions for Use

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Evaluation and Measurement Characteristics

Evaluation



Has been evaluated.

The tool was piloted with a working group that implemented the use of the tool across a number of topic areas using NRSI, and the revisions needed were addressed. Further pilot testing was conducted and feedback was collected with the target audience of first-time users using a telephone interview format. The tool was then launched in 2014 in a workshop format and user feedback from this event and additional training events in 2015 lead to final tool refinement.

Validity

Not applicable

Reliability

Not applicable

Methodological Rating



Not applicable

Tool Development

Developers

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Method of Development

The development of the tool is described in detail in the corresponding <u>BMJ publication</u> (Supplemental materials). In brief, the tool was developed over three years, largely by expert consensus, and following the seven principles previously described for assessing risk of bias in clinical trials.

Release Date

2016

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Resources

Title of Primary Resource	The risk of bias in non-randomized studies - of interventions (ROBINS-I) assessment tool
File Attachment	None
Web-link	http://www.riskofbias.info/
Reference	Sterne JAC, Hernán MA, Reeves BC, Savović J, Berkman ND, Viswanathan M, Henry D, Altman DG, Ansari MT, Boutron I, Carpenter JR, Chan AW, Churchill R, Deeks JJ, Hróbjartsson A, Kirkham J, Jüni P, Loke YK, Pigott TD, Ramsay CR, Regidor D, Rothstein HR, Sandhu L, Santaguida PL, Schünemann HJ, Shea B, Shrier I, Tugwell P, Turner L, Valentine JC, Waddington H, Waters E, Wells GA, Whiting PF, Higgins JPT. ROBINS-I: a tool for assessing risk of bias in non-randomized studies of interventions. <i>BMJ</i> 2016; 355; i4919.
Type of Material	Tool
Format	On-line Access
Cost to Access	None.
Language	English
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Title of Supplementary Resource	ROBINS-I: a tool for assessing risk of bias in non-randomized studies of interventions
File Attachment	None
Web-link	http://www.bmj.com/content/355/bmj.i4919
Reference	Sterne, J.A.C., Hernan, M.A., Reeves, B.C., Savovic, J., Berkman, N.D., Viswanathan, M, et al. (2016). ROBINS-I: a tool for assessing riskof bias in non- randomised studies of interventions. <i>BMJ, 355</i> :i4919.
Type of Material	Journal
Format	Periodical
Cost to Access	None.
Language	English
Conditions for Use	© BMJ Publishing Group Ltd 2016

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Title of Supplementary Resource	Risk of bias in non-randomized studies of interventions (ROBINS-I): Detailed guidance
File Attachment	None
Web-link	http://www.riskofbias.info/
Reference	Sterne JAC, Higgins JPT, Elbers RG, Reeves BC and the development group for ROBINS-I. Risk Of Bias In Non-randomized Studies of Interventions (ROBINS-I): detailed guidance, updated 12 October 2016. Available from http://www.riskofbias.info [accessed February 7, 2017].
Type of Material	Manual
Format	On-line Access
Cost to Access	None.
Language	English
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