## Tools to Get Started with Evidence-Informed Public Health

NCCMT's Registry of Methods and Tools (www.nccmt.ca/resources/search) is a searchable online collection of quality-assessed methods (processes) and tools (instruments) for knowledge translation in public health. Search for resources by title (surrounded by quotation marks) or browse according to each of the Seven Steps of Evidence-Informed Public Health (EIPH).

> Define the problem you're trying to **solve** with the "Defining your question: PICO and PS" tool

Assess the impact of health promotion initiatives on public health with the "RE-AIM evaluation framework"

DEFINE

Navigate different types of research evidence with the "6S Pyramid"

Follow a framework to guide implementation of best practices with the "RNAO Toolkit"

Plan and evaluate a knowledge translation strategy with the "Knowledge Translation Planning Tool"

Find this collection of resources online at www.nccmt.ca

SYNTHESIZE

Appraise the quality of single studies with "Critical Appraisal Tools to Make Sense of Evidence"

Appraise public health guidelines with the "AGREE II Instrument"

Appraise the quality of systematic reviews with the "AMSTAR" tool or the Health Evidence™ "Quality Assessment Tool"

Determine whether evidence can be applied to your context with the "Applicability and Transferability of Evidence Tool"

Apply a health equity lens to program planning with the "Health Equity Perspective" tool

Summarize your evidence and recommendations with the "Briefing Note Template" tool

Get support for interpreting and synthesizing research evidence by watching the Forest Plot video from the Understanding Research Evidence video series











