National Collaborating Centre for Methods and Tools



Centre de collaboration nationale des méthodes et outils





Rapid Review: What is known about the risk of transmission of COVID-19 within post-secondary institutions and the strategies to mitigate on-campus outbreaks?

Prepared by: The National Collaborating Centre for Methods and Tools

Date: April 16, 2021

Suggested Citation:

National Collaborating Centre for Methods and Tools. (2021, April 16). What is known about the risk of transmission of COVID-19 within post-secondary institutions and the strategies to mitigate on-campus outbreaks? <u>http://res.nccmt.ca/res-post-secondary-EN</u>

<u>Please Note</u>: An update of this review may be available. Access the most current version of this review by visiting the National Collaborating Centre for Methods and Tools COVID-19 Rapid Evidence Service at the above link.

© 2021. National Collaborating Centre for Methods and Tools, McMaster University. All rights reserved.

The National Collaborating Centre for Methods and Tools (NCCMT) is hosted by McMaster University and funded by the Public Health Agency of Canada. The views expressed herein do not necessarily represent the views of the Public Health Agency of Canada.

This Rapid Review is for general information purposes only. The information provided in this Rapid Review is provided "as is" and McMaster University makes no warranties, promises and/or representations of any kind, expressed or implied, as to the nature, standard, accuracy, completeness, reliability or otherwise of the information provided in this Rapid Review, nor to the suitability or otherwise of the information to your particular circumstances. McMaster University does not accept any responsibility or liability for the accuracy, content, completeness, legality, reliability or use of the information contained in this Rapid Review.

The authors declare they have no conflicts of interest to report.

Executive Summary

Background

The majority of post-secondary institutions in communities affected by coronavirus-2019 (COVID-19) shuttered their campuses during the 2019-2020 academic year in an effort to stem the spread of the virus. Learning was shifted to online platforms, on-campus activities and living options were restricted or barred altogether, and extracurricular activities and varsity sports were cancelled.

This rapid review summarizes evidence from post-secondary institutions that resumed and subsequently sustained their on-campus operations in 2020-2021, amid the ongoing pandemic, to inform safe and effective campus re-opening plans for 2021-2022. It seeks to identify, appraise, and summarize emerging research evidence to support evidence-informed decision making.

This rapid review includes evidence available up to March 19, 2021 to answer the question: What is known about the risk of transmission of COVID-19 within post-secondary institutions and the strategies to mitigate on-campus outbreaks?

Key Points

- Overall, the certainty of evidence is very low (GRADE); findings are very likely to change as new data become available.
- All studies concluded that return to in-person operations is possible for post-secondary institutions amid the ongoing COVID-19 pandemic. However, all studies reported on-campus positive cases and/or outbreaks with the percentage of students and/or staff testing positive during the Fall term (Aug-Dec 2020) ranging from 0.8% to 16.5%. In addition, a seroprevalence study from post-secondary institutions in the United Kingdom reported 17.5% seropositivity across five institutions with outbreaks (range of 7.6%-29.7%). Six studies reported rates below 3.9%; three studies reported rates above 8.4%, which was higher than reported county/jurisdictional rates at the time.
- Reported mitigation strategies were similar across most studies making it difficult to explain the variation in the percentage of positive cases or identify which combination of strategies resulted in the lowest transmission rates. However, all studies reporting 3.9% positive cases or lower conducted symptomatic testing and contact tracing and had oncampus isolation facilities for positive cases and contacts. Five of these studies also conducted surveillance testing (asymptomatic testing or wastewater monitoring or both). Institutions with the lowest case rates also conducted active screening. All measures were implemented by internal institutional staff.
- Institutions with 3.9% or lower positive cases implemented the following infection prevention and control (IPAC) measures, in addition to the mitigation strategies reported above: masks, physical distancing, and de-densification. Most also implemented hand hygiene and enhanced cleaning. In comparison to institutions with 8.4% cases or higher, those with lower rates generally reported implementing a greater number of IPAC measures.

• The evidence is mixed in terms of the impact of single room versus multiple occupancy on transmission, with some evidence suggesting unsafe gatherings were associated with greater transmission, rather than physical living arrangements.

Overview of Evidence and Knowledge Gaps

Mitigation and IPAC measures

- A multifaceted mitigation and IPAC approach was implemented in all settings and can be described as a "Swiss Cheese" model in which risk is reduced via multiple layers of protection: a weakness (i.e., "hole") in one layer is expected to be offset by the strength of another. Important components of this approach, in addition to those listed in the Key Points above, included: coordinated interdisciplinary leadership, student buy-in (e.g., formal agreements to follow IPAC measures), communication, and/or data-driven modelling approaches, as observed in one high and five moderate quality studies.
- Several moderate quality studies concluded that targeted testing, focused on high-risk populations (e.g., athletes, students living on-campus) and high-risk locations (e.g., identified through surveillance or modelling), and isolation, in particular, can effectively contain and/or reduce transmission, especially following rapid increases in case numbers and clusters.
- There is evidence from a small number of studies that wastewater monitoring of oncampus residences and isolation facilities may be a useful strategy to identify positive asymptomatic and pre-symptomatic cases, who can then undergo testing, as well as indicate when an outbreak is resolved.
- Enhanced ventilation was noted as an IPAC measure in two moderate quality studies but not described in detail; its impact on transmission risk is unknown.
- The evidence was mixed on whether risk is higher in shared on-campus accommodations (e.g., with roommates) and common areas (e.g., kitchens, bathrooms). Risk of transmission was higher for students living in multi-occupancy residence rooms in two moderate-high quality studies, while a third moderate quality study found no correlation between risk and occupancy. One high quality study estimated roommate-toroommate spread occurred 20% of the time; two moderate quality studies noted that the majority of index cases were from off-campus sources. One high quality study concluded that individuals' behaviours (e.g., unsafe gatherings) were more likely to be associated with outbreak clusters rather than physical housing arrangements.

Education Approaches

 Most studies reported a hybrid learning approach (in-person and online) but few analyzed the relationship between the approach and transmission risk. One moderate quality study showed no impact of instruction mode on cumulative infection rate; three moderate quality studies noted no evidence of classroom transmission.

Athletics and Clubs

 One moderate quality study noted that, even with mandatory daily testing, outbreaks occurred from asymptomatic athletes with false negative antigen tests. There was limited or no evidence related to campus dining facilities, libraries, or university clubs. More research is needed to understand if athletic and club activities can be safely implemented on-campus.

Knowledge Gaps and Future Research

- The evidence in this report pre-dates the introduction of new variants of concern (VOCs); it is not yet known how VOCs will impact the risk of on-campus transmission and effectiveness of mitigation and IPAC strategies.
- The evidence in this report also pre-dates the availability of COVID-19 vaccines; it is not yet known which and to what extent mitigation and IPAC measures will be required to prevent on-campus transmission as students and staff become fully vaccinated.
- Two moderate quality studies used mathematical modelling to target testing and guide selection of IPAC measures. Several purely modelling studies identified in the search for this rapid review will be included in a subsequent update.

Methods

Research Question

What is known about the risk of transmission of COVID-19 within post-secondary institutions and the strategies to mitigate on-campus outbreaks?

Search

On March 19, 2021, the following databases were searched using key terms (colleg* OR "post secondary" OR "post-secondary" OR "vocational school" OR "technical school" OR campus OR universit* OR dormitor* OR residence* OR sororit* OR fraternit*) AND (open* OR reopen* OR outbreak* OR transmit* OR spread OR risk* OR seroprevalen* OR return OR "in person" OR "in-person"):

- MEDLINE database
- Trip Medical Database
- World Health Organization's Global literature on coronavirus disease
- Joanna Briggs Institute <u>COVID-19 Special Collection</u>
- <u>COVID-19 Evidence Alerts</u> from McMaster PLUS™
- <u>COVID-19 Living Overview of the Evidence (L·OVE)</u>
- <u>McMaster Health Forum</u>
- Cochrane Rapid Reviews <u>Question Bank</u>
- Prospero Registry of Systematic Reviews
- NCCMT <u>COVID-19 Rapid Evidence Reviews</u>
- <u>MedRxiv preprint server</u>
- NCCDH Equity-informed Responses to COVID-19
- NCCEH Environmental Health Resources for the COVID-19 Pandemic
- NCCHPP <u>Public Health Ethics and COVID-19</u>
- NCCID
- NCCID <u>Disease Debrief</u>
- NCCIH <u>Updates on COVID-19</u>
- Institute national d'excellence en santé et en services sociaux (INESSS)
- Uncover (USHER Network for COVID-19 Evidence Reviews)
- Morbidity and Mortality Weekly Report (MMWR)
- Institut national de santé publique du Québec (INSPQ)
- BC Centre for Disease Control (BCCDC)
- Public Health England

A copy of the full search strategy is available at this link.

Study Selection Criteria

The search results were first screened for recent guidelines and syntheses. When available, findings from syntheses and clinical practice guidelines are presented first, as these take into account the available body of evidence and, therefore, can be applied broadly to populations and settings.

Single studies were included if no syntheses were available, or if single studies were published after the search was conducted in the included syntheses. English-language, peer-reviewed sources and sources published ahead-of-print before peer review were included. Surveillance sources were excluded.

	Inclusion Criteria	Exclusion Criteria
Population	Post-secondary institutions	Residency training programs
	(including students, faculty, staff)	University hospitals
	that were open / had re-opened for	Co-op placements
	on-campus activities	Apprenticeships
Intervention	Individual and organizational risk	-
	factors	
	Mitigation strategies	
Comparisons	-	-
Outcomes	Confirmed COVID-19 cases,	-
	outbreaks, secondary infection	
Setting	On-campus activities	Off-campus activities
		Non-university events that occur on
		campus (e.g., renting space to
		community groups, on-campus
		daycare services, day camps)

Data Extraction and Synthesis

Data relevant to the research question, such as study design, setting, location, population characteristics, interventions or exposure and outcomes were extracted when reported. We synthesized the results narratively due to the variation in methodology and outcomes for the included studies.

Appraisal of Evidence Quality

We evaluated the quality of included evidence using critical appraisal tools as indicated by the study design below. Quality assessment was completed by one reviewer and verified by a second reviewer. Conflicts were resolved through discussion. For some of the included evidence a suitable quality appraisal tool was not found, or the review team did not have the expertise to assess methodological quality. Studies for which quality appraisal has not been conducted are noted within the data tables.

Study Design	Critical Appraisal Tool
Case Report	Joanna Briggs Institute (JBI) <u>Checklist for Case Reports</u>
Cohort	Joanna Briggs Institute (JBI) <u>Checklist for Cohort Studies</u>
Cross-sectional	Joanna Briggs Institute (JBI) <u>Checklist for Analytical Cross-</u>
	Sectional Studies
Prevalence	Joanna Briggs Institute (JBI) <u>Checklist for Prevalence Studies</u>

Completed quality assessments for each included study are available on request.

The Grading of Recommendations, Assessment, Development and Evaluations (<u>GRADE</u>) (Schünemann *et al.*, 2013) approach was used to assess the certainty in the findings based on eight key domains.

In the GRADE approach to quality of evidence, **observational studies**, as included in this review, provide **low quality** evidence, and this assessment can be further reduced based on other domains:

- High risk of bias
- Inconsistency in effects
- Indirectness of interventions/outcomes
- Imprecision in effect estimate
- Publication bias

and can be upgraded based on:

- Large effect
- Dose-response relationship
- Accounting for confounding

The overall certainty in the evidence for each outcome was determined taking into account the characteristics of the available evidence (observational studies, some not peer-reviewed, unaccounted-for potential confounding factors, different tests and testing protocols, lack of valid comparison groups). A judgement of 'overall certainty is very low' means that the findings are very likely to change as more evidence accumulates.

Findings

Summary of Evidence Quality

This document includes 14 single studies and one in-progress single study for a total of 15 publications included in this review. The quality of the evidence included in this review is as follows:

Research Question	Evidence included		Overall certainty in evidence based on completed evidence
What is known about the risk of transmission of COVID-19 within post-secondary institutions and the strategies to mitigate on- campus outbreaks?	Single studies In-progress single study	14 1	Very low

Warning

Given the need to make emerging COVID-19 evidence quickly available, many emerging studies have not been peer reviewed. As such, we advise caution when using and interpreting the evidence included in this rapid review. We have provided a summary of overall certainty of the evidence to support the process of decision making. Where possible, make decisions using the highest quality evidence available.

Table 1: Single Studies

Reference	Date Released	Study Design	Location, Context	Description of Virus Control	Summary of Findings	Quality Rating
Weil, A. A.,	Mar 17,	Cohort	Large, urban public	Surveillance/testing plan:	From Sep 24 – Dec 18, 2020,	Moderate
Sohlberg, S. L.,	2021		university	Testing (symptomatic,	29,783 tests were performed on	
O'Hanlon, J. A.,			• 60,000 students	exposure)	11,644 individuals; 265 tested	PREPRINT
Casto, A. M.,			• 30,000 staff	 Screening (daily self-report 	positive (0.80%).	
Emanuels, A. W.,				symptoms)	 Fraternities/sororities (1.5%; 	
Lo, N. K., Chu,			Seattle,	 Contact tracing 	1,796/12,045)	
H. Y. (2021).			Washington,		 Students living on-campus 	
SARS CoV-2			United States	Other IPAC measures:	(1.2%; 43/3,507)	
epidemiology on a public			* * *	 De-densification (on-campus living) 	• Staff / faculty (0.4%; 23/5,884)	
<u>university</u>				Enhanced cleaning and	Among the 265 positive cases,	
campus in			Open/available:	disinfection	60.8% were symptomatic, 19.6%	
Washington			 Hybrid learning 	 Hand hygiene 	pre-symptomatic, 3.4%	
State. Preprint.			On-campus living	 Isolation facilities 	asymptomatic, and 16.2%	
			(unknown %)	Masks	possible asymptomatic. 34.7%	
				Physical distancing	reported exposures and 21.5%	
					reported high-risk behaviours.	
					Risk factors for testing positive:	
					 Fraternity/sorority affiliation 	
					(OR=2.71, 95%CI=1.84,4.00)	
					 Latinx/Hispanic ethnicity 	
					(OR=2.12, 95%CI=1.28,2.18)	
					Self-reported symptoms	
					(OR=1.86, 95%Cl=1.43,2.41)	
					88.1% of viral genomes	
					sequenced from	
					fraternity/sorority-affiliated	
				students were genetically		
				identical, vs. 37.9% of genomes		
					from non-fraternity/sorority	
					students. Transmission was	
					thought to have then occurred	
					within outbreaks (i.e., within	
					groups), with no evidence of	
					further spread.	

Betancourt, W.	Mar 13,	Case	University of	Surveillance/testing plan:	Between Aug – Nov 2020:	Moderate
Q., Schmitz, B.	2021	report	Arizona	 Wastewater monitoring 	• 91 / 111 (82.0% positive	
W., Innes, G. K.,				(residences)	predictive value) positive	
Prasek, S. M.,			Arizona, United	 Testing (upon arrival, 	wastewater samples lead to	
Pogreba Brown,			States	symptomatic, or if identified	targeted identification of at	
K. M., Stark, E.				through wastewater)	least one positive case	
R., Pepper, I.			* * *	 Contact tracing 	• 185 / 208 (88.9% negative	
L. (2021). <u>COVID-</u>					predictive value) negative	
<u>19 containment</u>			Open/available:	Other IPAC measures:	wastewater samples concurred	
<u>on a college</u>			 In-person 	 Isolation data platforms and 	with no positive tests	
<u>campus via</u>			learning (limited)	communication	 43 / 319 total wastewater 	
wastewater-			 On-campus living 	 Isolation facilities 	samples were discordant with	
<u>based</u>			(unknown %)	 Shelter-in-place policy 	clinical testing (suggesting	
<u>epidemiology,</u>					samples not provided during	
targeted clinical					testing or non-residents using	
testing and an					washrooms)	
intervention.						
Science of the					From Sep 15-29, 2020, students	
Total					remained on campus, but a	
Environment,					shelter-in place policy was	
<i>779,</i> 146408.					implemented, due to increasing	
					cases, resulting in a decrease of	
					new cases and virus detections in	
					wastewater. Cases remained low	
					(often zero) thereafter.	

Bjorkman, K. K.,	Mar 12,	Cohort	University of	Surveillance/testing plan:	From Aug 17 – Nov 25, 2020,	High
Saldi, T. K.,	2021		Colorado Boulder	 Surveillance (asymptomatic; 	1058 (16.5%) students living on-	-
Lasda, E., Bauer,				mandatory, weekly for students	campus tested positive for	PREPRINT
L. C., Kovarik, J.,			Boulder, Colorado,	living on-campus (exempt after	COVID-19:	
Gonzalez, P. K.,			United States	a COVID-19 diagnosis))	• 198 / 1916 (10.3%) of students	
Parker, R.				• Testing (symptomatic, exposed)	in single residence rooms	
(2021). <u>Higher</u>			* * *	 Contact tracing 	• 860 / 4492 (19.1%) of students	
viral load drives					in multiple occupancy	
<u>infrequent</u>			Open/available:	IPAC measures:	residence rooms	
SARS-CoV-2			 On-campus living 	Isolation facilities	• Cases usually asymptomatic at	
transmission			(6,408 students)		time of diagnosis	
<u>between</u>						
asymptomatic			*Students provided		While students in multiple	
residence hall			proof of negative		occupancy residence rooms had	
roommates.			test result at move-		a greater infection rate than	
Preprint.			in.		those in single rooms, only 116 /	
					574 multiple occupancy rooms	
					had likely in-room transmission	
					(i.e., roommate-to-roommate;	
					secondary attack rate (SAR):	
					20.2%), suggesting transmission	
					occurred elsewhere the majority	
					of the time.	

Ryan, B. J.,	Mar 8,	Case	Baylor University	Surveillance/testing plan:	From Aug 1-Dec 8, 2020, 1,435 /	Moderate
Muehlenbein, M.	2021	report	 19,297 students 	 Surveillance (asymptomatic; 	62,970 individuals tested positive	
P., Allen, J.,			(14,399	random, surge (i.e., increased	(2.28% positivity rate) and 235	
Been, J., Boyd,			undergrad, 4,898	temporary testing capacity with	self-reported (total 1670 cases):	
K., Brickhouse,			grad)	government-provided tests),	 1,416 students 	
М.,			• ~3,400 staff	targeted)	 140 staff/faculty 	
Brickhouse, N.				Wastewater monitoring (on-	 90 athletes 	
(2021).			Waco, Texas,	campus living, isolation	22 contractors	
<u>Sustaining</u>			United States	facilities)	• 2 others	
university			 Population: 	• Testing (symptomatic, exposed)		
operations			256,600	Contact tracing	Testing completed:	
during the				Screening	• Pre-arrival (135/13,621; 0.99%)	
COVID-19			* * *		Clinic (i.e.,	
pandemic.				Other IPAC measures:	symptomatic/exposed)	
Disaster			Open/available:	Compliance monitoring	(798/11,188; 7.13%)	
Medicine and			Hybrid learning	De-densification (athletics	• Surveillance (360/21,435; 1.68%)	
Public Health			(25% of classes)	crowd capacities)	• Surge (29/4,362; 0.66%)	
Preparedness.			In-person	 Enhanced cleaning and 	• Athletics (91/8,901; 1.02%)	
Epub ahead of			learning (39% of	disinfecting	• Contractor (22/3,463; 0.64%)	
print.			classes)	Isolation facilities		
			Online learning	Limited non-university events	246 positive students used	
			(36% of classes)	• Masks	isolation facilities (peaked at 30%	
			On-campus living	Physical distancing	of capacity).	
			(4,736 students)			
			(.,	Other components of approach:	All staff cases and 76% of student	
				Communication	cases were from off-campus	
				In-house dashboard	sources.	
				Multisectoral systems approach		
				 Population-based management 		
				"Swiss Cheese" risk mitigation		
				model		

Moreno, G. K.,	Mar 6,	Case	University athletics	Surveillance/testing plan:	Outbreaks occurred affecting	Moderate
Braun, K. M.,	2021	report	program (de-	 Antigen testing (daily) 	high-risk sport programs:	
Pray, I. W.,			identified data)	 Diagnostic testing (if positive 		PREPRINT
Segaloff, H. E.,				antigen test)	Outbreak 1:	
Lim, A., Poulson,			United States	Contact tracing (household and	• 32 cases (22 students, 10 staff)	
K., O'Connor,				social close contacts only)	 Index case (antigen test 	
D. H. (2021).			* * *		negative) attended meeting	
SARS-CoV-2				Other IPAC measures:	infectious; IPAC measures were	
transmission in			Open/available:	Masks	followed	
intercollegiate			Athletic	Physical distancing	 4 contacts developed 	
athletics not			programs:	Program suspension	symptomatic infection	
fully mitigated			 Indoor meetings 	Quarantine / isolation	Contact tracing identified:	
with daily			• Practices		 13 (40%) attended team 	
antigen testing.			 Scrimmages 		meeting with a case	
Preprint.			 Intercollegiate 		 6 (13%) were roommates 	
			competitions		$_{\odot}$ 8 (25%) no identified	
					exposure	
			*Some sports were		• 24 of 26 (92%) sequences were	
			considered "high-		closely related, suggesting a	
			risk" due to		single viral introduction	
			frequent contact /			
			collision.		Outbreak 2:	
					 12 cases occurred among 	
					athletes during a two-team	
					competition:	
					 Sequences were closely 	
					related and unique from	
					strains circulating in the	
					community	
					Antigen testing, as a sole	
					surveillance measure, may not	
					be sufficient to prevent	
					•	
					outbreaks.	

Travis, S. A.,	Mar 5,	Case	Hope College	Surveillance/testing plan:	Between Jul 29 – Nov 24, 2020,	Moderate
Best, A. A.,	2021	report		 Wastewater monitoring 	10,700 tests were conducted	
Bochniak, K. S.,			Holland, Michigan,	(residences)	among students and staff (2.2%	PREPRINT
Dunteman, N.			United States	 Surveillance (asymptomatic; 	positive test percentage):	
D., Fellinger, J.,				random and identified by	• 38 / 3,878 baseline tests (0.98%	
Folkert, P. D.,			* * *	wastewater monitoring)	positivity rate*)	
Schuitema, A. J.				 Testing (symptomatic and on 	• 57 / 5,696 random and targeted	
(2021). <u>Providing</u>			Open/available:	arrival, i.e., baseline)	asymptomatic tests (from	
<u>a safe, in-</u>			 In-person 	• Contact tracing (household and	wastewater identification) (1%	
person,			learning	social close contacts only)	positivity rate)	
residential			 On-campus living 	Screening	• 124 / 960 symptomatic tests	
<u>college</u>			(unknown %)	_	(12.9% positivity rate)	
<u>experience</u>				Other IPAC measures:	Additional subset testing (e.g.,	
during the				 Adapted instructional spaces 	athletes) not reported here	
<u>COVID-19</u>				 Isolation facilities 		
pandemic.					(*Compared to national (6.1%)	
Preprint.				Other components of approach:	and state (2.5%) positivity rates,	
				Communication	at the time).	
				• Earlier class start, reduced		
				break days for earlier class	Contact tracing identified 670	
				completion	contacts (average 4-5 per positive	
				Mathematical modelling	case); 21 tested positive (SAR:	
					3.1%).	

Hamer, D. H.,	Mar 2,	Case	Boston University	Surveillance/testing plan:	From Aug – Dec 2020, 719 /	Moderate
White, L. F.,	2021	report	(BU)	 Surveillance (asymptomatic) 	>500,000 COVID-19 tests at BU	
Jenkins, H. E.,			 Large, urban 	 Testing (symptomatic) 	were positive	PREPRINT
Gill, C. J.,			campus	Contact tracing	• 496 students (69%)	
Landsberg, H.			 40,000 students 	 Screening (daily self-report 	• 11 faculty (1.5%)	
N., Klapperich,				symptoms)	• 212 staff (29.5%)	
C., Brown, R.			Boston, United			
A. (2021).			States	Other IPAC measures:	Approximately 1.8% of the 40,000	
Control of				• De-densification (classrooms,	BU community tested positive;	
<u>COVID-19</u>			* * *	common areas, residences)	37.7% of total cases were	
transmission on				 Enhanced ventilation 	asymptomatic. Test positivity	
<u>an urban</u>			Open/available:	Hand hygiene	rate for those with self-reported	
<u>university</u>			 Hybrid learning 	 Isolation facilities 	symptoms was higher (4.9%)	
<u>campus during a</u>			On-campus living	Masks	than those who were	
<u>second wave of</u>			(7,131 students at	 Physical distancing 	asymptomatic (0.10%).	
<u>the pandemic</u> .			67% capacity)	_		
Preprint.				Other components of approach:	Incidence rate was less than but	
				 Coordinated leadership and 	followed trends in county.	
				management structures		
				Communication	Contact tracing identified:	
				 Mathematical modeling 	• 86/837 positive contacts (10.3%)	
				Multiple data systems / data-	• 51.5% of total 719 cases had a	
				driven strategy refinements	known source (non-BU source,	
					55.7% of known exposures)	
					No classroom transmission	
					Isolation facility occupancy	
					peaked at 12.9%.	
					Multi propod rospopo	
					Multi-pronged response (surveillance / testing, contact	
					tracing, isolation) controlled	
					-	
					campus spread.	

Vusirikala, A., Whitaker, H	Feb 19,	Cross-	5 universities with	Rapid serological evaluation (i.e.,	In Dec 2020, seroprevalence in 2905 students (aged < 25) from	Moderate
Vusirikala, A., Whitaker, H., Jones, S., Tessier, E., Borrow, R., Linley, E., Amirthalingam, G. (2021). Seroprevalence of SARS-CoV-2 antibodies in university students: Cross- sectional study, December 2020, England. <i>Preprint.</i>	Feb 19, 2021	Cross- sectional	5 universities with COVID-19 outbreaks following Sep 2020 re- opening United Kingdom * * * Open/available: • On-campus living (30% of participants)	Rapid serological evaluation (i.e., serosurveillance) to assess prior infection (captures asymptomatic, symptomatic, and mild transient infections) and provide estimate of spread of infection. IPAC measures not reported.	2,905 students (aged \leq 25) from universities that had experienced outbreaks was 17.8% (95% Cl=16.5,19.3) (range across universities: 7.6 – 29.7%). This was higher than age- matched healthy community blood donors (13.7%, 95% Cl=11.1,16.9) and across England (12.1%, 95% Cl=11.6,12.7). 49% of students who lived in residences that had reported infection rates >8% were seropositive, suggesting widespread transmission in this setting. Seropositivity was associated with: • 1 st year students (adjusted OR=3.16, 95% Cl=2.02,4.93) • On-campus living (adjusted OR=2.14, 95% Cl=1.7,2.68) • Shared kitchen with: • 4-7 people (adjusted OR=1.43, 95% Cl=1.12,1.82) • 8+ people (adjusted OR=1.53, 95% Cl=1.04,2.24) • Being symptomatic (adjusted	Moderate <i>PREPRINT</i>
					 Being symptomatic (adjusted OR=4.3, 95% CI=3.43,5.38) Confirmed case within shared 	
					accommodation (adjusted OR=3.57, 95% CI=2.86,4.44)	
					Sharing a bedroom (adjusted OR=0.73, 95%Cl=0.45,1.19) or bathroom (adjusted OR=0.73, 95%Cl=0.57,0.95) had lower odds.	

Gibson, G.,	Jan 31,	Case	Georgia Institute of	Surveillance/testing plan:	In Fall 2020, 1,508 / 18,029	Moderate
Weitz, J. S.,	2021	report	Technology	Surveillance	individuals providing 112,500	
Shannon, M. P.,			_	 Testing (focused case cluster) 	saliva samples tested positive	PREPRINT
Holton, B.,			Georgia, United	Contact tracing	(8.4% cumulative positive):	
Bryksin, A., Liu,			States		• Students: 1,351 (90%); 9.7%	
B., García, A.				Other IPAC measures:	cumulative positive	
J. (2021).			* * *	 Isolation facilities 	• Staff: 157 (10%); 3.8%	
Surveillance-to-				Masks	cumulative positive	
diagnostic			Open/available:	Physical distancing		
testing program			 On-campus living 		Targeted testing after two	
for			(7,370 students)		outbreaks (Aug return to campus,	
asymptomatic			 On-campus 		Oct high community levels)	
SARS-CoV-2			visiting		steadily reduced peak	
infections on a			(5,000/day; staff,		asymptomatic positivity rates	
<u>large, urban</u>			non-resident		from 2-4% to <0.5%.	
<u>campus -</u>			students)			
Georgia Institute			 Online learning 		Students in shared double rooms	
of Technology,					had higher positivity risk (30% of	
Fall 2020.					double roommates tested	
Preprint.					positive; half of cases in Aug-Sep	
					were in doubles).	

Fox, M. D.,	Jan 29,	Case	Indiana University	Surveillance/testing plan:	Baseline student testing prior to	Moderate
Bailey, D. C.,	2021	report	• 12,000 students	• Testing (symptomatic, athletes)	semester start:	
Seamon, M. D.,			(8,000 undergrad)	Contact tracing	 11,836 tested; 33 (0.28%) 	
& Miranda, M. L.			 Medium-sized 		positive	
(2021). <u>Response</u>				Other IPAC measures:		
to a COVID-19			Indiana, United	 De-densification (classrooms, 	From Aug 3-15, 2020	
outbreak on a			States	common areas)	• 56 tested positive (4.3 cases per	
<u>university</u>				Education	day, 11.7% of all tests	
<u>campus -</u>			* * *	 Enhanced cleaning and 	performed)	
Indiana, August				disinfection	• 90% of cases were symptomatic	
2020. Morbidity			Open/available:	 Isolation facilities 		
and Mortality			 In-person 	Masks	From Aug 16-22 an outbreak	
Weekly Report,			learning	 Physical distancing (6 feet) 	occurred:	
<i>70</i> (4), 118-122.			 On-campus living 		 371 confirmed cases (26.5 per 	
			(85% of	Other components of approach:	day, 15.3% of all tests	
			undergrad)	 Communication 	performed)	
				 Enhanced data systems 	$\circ~$ 355 (96%) undergrad	
				 Outbreak control measures: 	$\circ~$ 13 (3%) grad students	
				 Switch to online learning 	\circ 1 faculty and 2 staff	
				 Restricting on-campus 	 62% of undergrad cases lived 	
				access	off-campus	
				 Additional testing, tracing, 		
				IPAC		

O'Donnell, C.,	Jan 25,	Prevalence	University of	Targeted plan:	In Fall 2020, 445 / 11,505 students	Moderate
Brownlee, K.,	2021		Pittsburgh	 Mitigation (with emphasis on 	tested positive (3.9%,	
Martin, E.,			 Large, urban 	student commitment)	95%Cl=3.5,4.2):	PREPRINT
Suyama, J.,			campus	 Communication 	 383/3,102 symptomatic 	
Albert, S.,			 28,234 students 	 Containment 	students (12.3%, 95%	
Anderson, S.,			 13,264 staff 	 Testing (symptomatic; 	Cl=11.2,13.6)	
Williams, J.				focused cluster)	 31/7,389 asymptomatic 	
(2021). <u>SARS-</u>			Pittsburgh, United	 Surveillance (asymptomatic, 	students (0.42%, 95%	
CoV-2 control on			States	random)	Cl=0.29,0.59); slight increase	
<u>a large urban</u>			• 1.2 million in	 Contact tracing 	during arrival, remained low	
college campus			neighbourhood	○ Isolation	throughout semester	
without mass			-		 15/228 close contacts (0.31%, 	
testing. Preprint.			* * *	Other IPAC measures:	95%CI=0.11,0.68)	
				 De-densification (residences) 	 16/786 focused testing (e.g., 	
			Open/available:	 Enhanced cleaning 	cluster) (0.46%,	
			 Hybrid learning 	 Enhanced ventilation 	95%Cl=0.30,0.68)	
			 In-person final 	 Hand hygiene 		
			exams	 Isolation facilities 	During 2 case surges in the	
			 On-campus living 	Masks	community, campus count also	
			(6,300 students)	 Physical distancing 	increased but 5-day rolling	
			 Organized 	• PPE	average did not exceed 20	
			student activities	 Staggered re-entry with shelter- in-place requirements 	cases/day.	
				in place requirements	Use of isolation facilities peaked	
					at 33.6% occupancy (97/289	
					beds).	
					Bathroom type (communal vs.	
					private) had no impact on	
					infection incidence; no classroom	
					transmission.	
					Clusters occurred in association	
					with unsafe gatherings or within	
					shared residences not observing	
					IPAC measures (e.g., behaviours	
					greater risk than physical	
					arrangements).	

Gibas, C.,	Jan 4,	Prevalence	University of North	Surveillance/testing plan:	From Sep 28 – Nov 23, 2020, 332	Moderate
Lambirth, K.,	2021		Carolina at	Surveillance (wastewater	wastewater samples from 19	
Mittal, N., Juel,			Charlotte	monitoring, 3x/week per	building sites were processed; 59	PREPRINT
M. A. I., Barua,			 Large, urban 	residence)	were positive (17.7%).	
V. B., Brazell, L.			campus	• Testing (symptomatic; athletes)		
R., Munir, M.				Contact tracing	Over the study period, the	
(2021).			* * *	• Screening (daily symptom self-	number of positive samples	
Implementing				reporting)	gradually increased (as did the	
building-level			Open/available:		positivity rates in the	
SARS-CoV-2			• On-campus living	*Wastewater monitoring is the	surrounding county, Pearson	
wastewater			(unknown %)	focus of this study	correlation coefficient=0.769).	
surveillance on a						
university				A typical monitoring timeline:	Wastewater monitoring identified	
<u>campus</u> .				Collection	smaller clusters than were	
Preprint.				Detection	reported in other types of cluster	
				 Testing, sheltering-in-place 	events (p<0.001); able to detect	
				Results, resolution	asymptomatic individuals in	
					residences of 150-200 students.	
				Other IPAC measures:		
				• De-densification (residences)	Wastewater monitoring detected	
				Isolation facilities	pre-symptomatic cases,	
					corroborated contact tracing	
					cases, and indicated when an	
					outbreak had been contained.	

Stubbs, C. W.,	Dec 9,	Cohort	9 colleges /	Surveillance/testing plan:	From Aug 15 – Nov 22, 2020,	Low
Springer, M., &	2020		universities	 Weekly high-cadence PCR 	estimated COVID-19 prevalence	
Thomas, T. S.			(Boston-area), 4	testing of all students living on-	in Boston-area schools, based on	PREPRINT
(2020). <u>The</u>			comparison	campus (asymptomatic and/or	publicly available data, was 16 <u>+</u>	
impacts of			schools	symptomatic)	3 new cases / 100,000 person-	
testing cadence,			 Small, large; 	Isolation	days; the mean case rate for the	
mode of			rural, urban	Contact tracing	surrounding county was	
instruction, and					10.8/100,000.	
student density			United States	Other specific IPAC measures not		
on Fall 2020				described.	There was no correlation	
COVID-19 rates			* * *		between positive cases and total	
on campus.					number of students living on-	
Preprint.			Open/available:		campus or dormitory occupancy	
			Hybrid learning		density.	
			Online learning			
			• On-campus living		There was no significant impact	
			(unknown %)		of mode of instruction (online,	
					hybrid) on cumulative infection	
					rate.	
					Testing more frequently (e.g., 2-	
					3x/week vs. 1x/week) was	
					correlated with lower infection	
					rates (p=0.017).	

Denny, T. N.,	Nov 20,	Cohort	Duke University	Surveillance/testing plan:	From Aug 2 – Oct 11, 2020,	Moderate
Andrews, L.,	2020			 Testing (symptomatic, entry) 	68,913 tests from 10,265 students	
Bonsignori, M.,			Durham, North	 Surveillance (asymptomatic; 	identified 84 positive cases:	
Cavanaugh, K.,			Carolina, United	pooled testing; 1-2x/week, focus	• 17 (20.2%) upon entry (8,873	
Datto, M. B.,			States	on cohorts where data	tests)	
Beckard, A.,				suggested an increased risk for	• 29 (34.5%) pooled (59,476 tests)	
Wolfe, C. R.			* * *	transmission)	• 15 (17.9%) symptomatic (185	
(2020).				Contact tracing	tests)	
Implementation			Open/available:	 Screening (daily symptom self- 	• 23 (27.4%) close contacts (379	
of a pooled			 Hybrid learning 	monitoring (smartphone app;	tests)	
surveillance			 On-campus living 	results linked to testing))		
testing program			(unknown %)		51% of positive cases were	
<u>for</u>			o Quarantine	Other IPAC measures:	asymptomatic.	
asymptomatic			before arrival	• De-densification (residences, all		
SARS-CoV-2			 Staggered 	single; classrooms, common	Weekly per-capita infection	
infections on a			arrivals	areas)	incidence averaged 0.08% (vs.	
college campus-				 Hand hygiene 	0.1% in the county, at the time).	
Duke University,				Masks		
Durham, North				 Physical distancing 	Asymptomatic and testing of	
Carolina, August				Quarantine policy	close contacts accounted for 73%	
<u>2-October 11,</u>					of identified positive COVID-19	
2020. Morbidity				*Students signed formal	cases.	
and Mortality				agreement to follow IPAC		
Weekly Report,				measures; testing was	Student compliance for testing	
<i>69</i> (46), 1743-				mandatory (could lose access to	was 95%.	
1747.				campus facilities / services).		
					No classroom transmission; no	
					substantial outbreaks.	

Table 2: In-progress Single Studies

Title	Anticipated Release Date	Setting	Description of Document
Fretheim, A., Flatø, M., Helleve, A., Helseth, S., Jamtvedt, G., Løyland, B., Walte, S. S. V. (2020). <u>Relationship</u> <u>between in-person instruction and</u> <u>COVID-19 incidence among university</u> <u>students: A prospective cohort study</u> . <i>Preprint.</i>	Aug 2021	Universities and university- colleges in Norway	This study will explore whether on campus learning, with infection control measures in place, is associated with higher COVID-19 incidence than online instruction.

References

Betancourt, W. Q., Schmitz, B. W., Innes, G. K., Prasek, S. M., Pogreba Brown, K. M., Stark, E. R., ... Pepper, I. L. (2021). <u>COVID-19 containment on a college campus via wastewater-based</u> <u>epidemiology, targeted clinical testing and an intervention</u>. *Science of the Total Environment, 779,* 146408.

Bjorkman, K. K., Saldi, T. K., Lasda, E., Bauer, L. C., Kovarik, J., Gonzalez, P. K., ... Parker, R. (2021). <u>Higher viral load drives infrequent SARS-CoV-2 transmission between asymptomatic residence hall roommates</u>. *Preprint.*

Denny, T. N., Andrews, L., Bonsignori, M., Cavanaugh, K., Datto, M. B., Beckard, A., ... Wolfe, C. R. (2020). <u>Implementation of a pooled surveillance testing program for asymptomatic SARS-CoV-2 infections on a college campus- Duke University, Durham, North Carolina, August 2-October 11, 2020. Morbidity and Mortality Weekly Report, 69(46), 1743-1747.</u>

Fox, M. D., Bailey, D. C., Seamon, M. D., & Miranda, M. L. (2021). <u>Response to a COVID-19</u> <u>outbreak on a university campus - Indiana, August 2020</u>. *Morbidity and Mortality Weekly Report, 70*(4), 118-122.

Fretheim, A., Flatø, M., Helleve, A., Helseth, S., Jamtvedt, G., Løyland, B., ... Walte, S. S. V. (2020). <u>Relationship between in-person instruction and COVID-19 incidence among university</u> <u>students: A prospective cohort study</u>. *Preprint.*

Gibas, C., Lambirth, K., Mittal, N., Juel, M. A. I., Barua, V. B., Brazell, L. R., ... Munir, M. (2021). <u>Implementing building-level SARS-CoV-2 wastewater surveillance on a university campus</u>. *Preprint.*

Gibson, G., Weitz, J. S., Shannon, M. P., Holton, B., Bryksin, A., Liu, B., ... García, A. J. (2021). <u>Surveillance-to-diagnostic testing program for asymptomatic SARS-CoV-2 infections on a</u> <u>large, urban campus - Georgia Institute of Technology, Fall 2020</u>. *Preprint.*

Hamer, D. H., White, L. F., Jenkins, H. E., Gill, C. J., Landsberg, H. N., Klapperich, C., ... Brown, R. A. (2021). <u>Control of COVID-19 transmission on an urban university campus during a second</u> wave of the pandemic. *Preprint.*

Moreno, G. K., Braun, K. M., Pray, I. W., Segaloff, H. E., Lim, A., Poulson, K., ... O'Connor, D. H. (2021). <u>SARS-CoV-2 transmission in intercollegiate athletics not fully mitigated with daily</u> <u>antigen testing</u>. *Preprint.*

O'Donnell, C., Brownlee, K., Martin, E., Suyama, J., Albert, S., Anderson, S., ... Williams, J. (2021). <u>SARS-CoV-2 control on a large urban college campus without mass testing</u>. *Preprint.*

Ryan, B. J., Muehlenbein, M. P., Allen, J., Been, J., Boyd, K., Brickhouse, M., ... Brickhouse, N. (2021). <u>Sustaining university operations during the COVID-19 pandemic</u>. *Disaster Medicine and Public Health Preparedness.* Epub ahead of print.

Schünemann, H., Brożek, J., Guyatt, G., & Oxman, A. (2013). *Handbook for grading the quality* of evidence and the strength of recommendations using the GRADE approach.

Stubbs, C. W., Springer, M., & Thomas, T. S. (2020). <u>The impacts of testing cadence, mode of instruction, and student density on Fall 2020 COVID-19 rates on campus</u>. *Preprint.*

Travis, S. A., Best, A. A., Bochniak, K. S., Dunteman, N. D., Fellinger, J., Folkert, P. D., ... Schuitema, A. J. (2021). <u>Providing a safe, in-person, residential college experience during the</u> <u>COVID-19 pandemic</u>. *Preprint.*

Vusirikala, A., Whitaker, H., Jones, S., Tessier, E., Borrow, R., Linley, E., ... Amirthalingam, G. (2021). <u>Seroprevalence of SARS-CoV-2 antibodies in university students: Cross-sectional study</u>, <u>December 2020, England</u>. *Preprint*.

Weil, A. A., Sohlberg, S. L., O'Hanlon, J. A., Casto, A. M., Emanuels, A. W., Lo, N. K., ... Chu, H. Y. (2021). <u>SARS CoV-2 epidemiology on a public university campus in Washington State</u>. *Preprint.*